



"KAY'S BOUQUETS" SERIES

# Blue Cosmos

A Fused Art Quilt

*(Complete pattern and instructions enclosed)*



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Finished Size 10" x 12"



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## ARTFABRIK

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***Blue Cosmos***  
**From Kay's Bouquets Series**  
**A Fused Art Quilt, Finished Size 10" x 12"**  
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**Materials and Tools**

9" x 9" light yellow/orange for wall	
9" x 5 1/2" orange/red for tablecloth	2 yards of fusible web (Wonder Under recommended)
4" x 8" light green for lower-border	1-yard parchment (baking) paper (optional)
4" x 7" pink for top-border	11" x 13" batting
2" x 9" light orange for vase dots	11" x 13" Tintex stiff interfacing (for optional Wrapped Binding Method)
6" x 6" light blue for vase	Black Sharpie Fine Point marker or lead pencil
5" x 5" green for stems and leaves	Rotary cutter, mat, and ruler
6" x 9" blue for flower petals	Pinking rotary cutter blade
2" x 4" purple for flower centers	Size 8 embroidery thread
10" x 12" backing fabric	Size 3 embroidery needle
6" x 14" fabric for binding (for optional Traditional Binding Method)	Machine quilting thread

**Preparation**

1. Fuse all the fabrics. Follow the directions that come with the fusible web.
2. After the fabric cools, remove the paper that comes with the fusible web in 1 sheet. This silicone release paper is needed for the construction of quilt elements and pattern transfer. Or use parchment paper.
3. Note: *Make sure you reserve 1" of fabric around the edge of your quilt top when designing your quilt. This fabric wraps to the back of the quilt around the batting and Tintex if you use the optional Wrapped Binding below.*

**Background and Vase**

1. Place the wall fabric onto a large piece of release paper or parchment paper. Fuse-tack into place. Fuse-tacking is applying a hot iron to the fabric for a few seconds.
2. Trim 1/4" of fabric off a long edge of the tablecloth fabric using the pinking blade in the rotary cutter.
3. Overlap the decorative edge of the tablecloth fabric 1/4" onto the bottom edge of the wall fabric. Fuse-tack into place.
4. Trim 1/4" of fabric off the long right side of the lower-border fabric using the pinking blade.
5. Trim 1/4" of fabric off the long right side and the bottom short side of the top-border fabric with the pinking blade.
6. Place the lower-border fabric about 1/4" on top of the left side of the tablecloth fabric (it will extend over the wall fabric too). Fuse-tack into place.
7. Place the top-border fabric about 1/4" on top of the left side of the wall fabric and the top edge of the lower-border fabric. Fuse-tack into place.
8. Free-cut 18 dots measuring about 3/4" across from the vase dot fabric.
9. Place the release paper on the vase pattern. Trace the pattern with the Sharpie marker or a lead pencil.
10. Place the marker side of the release paper onto the glue or fused side of the vase fabric. Fuse the paper in place for 5 seconds.
11. Arrange the vase dots evenly on the vase fabric. Fuse-tack into place.
12. After the fabric cools, carefully remove the release paper from the fabric. The ink from the pattern will transfer to the glue.
13. Cut out the vase shape just inside the black line with scissors.
14. Center the vase on the tablecloth. Fuse-tack the lower part of the vase into place. **Leave 1" free at the vase opening or rim so you can slip the flower stems under the rim.**

## Stems and Flowers

1. Cut the stems and leaves fabric on the bias to form 2 triangles. (Note: a bias cut fabric is cut at a 45-degree angle from the grain of the fabric or from corner to corner on a square piece of fabric to form 2 triangles.)
2. Cut 5 stem strips measuring 1/8" wide from the long or bias side of one of the triangles. Cut 2 stems measuring 6" long, 2 stems measuring 5" long, and 1 stem measuring 4" long. Save the remaining fabric for the leaves in Step 10.
3. Slip the ends of the 5 stems about 1/2" under the rim of the vase. Fuse-tack just at the base of the stems.
4. Fuse each stem individually by curving the stem with one hand while fusing with the other. Make sure your iron is very clean so you don't get glue or gunk on the quilt top.
5. Cut 2 strips measuring about 1 1/2" wide by 9" long and 2 strips measuring about 1" wide by 9" long from the flower petal fabric with the pinking rotary cutter blade.
6. Snip 24 triangles measuring about 3/4" wide on the decorative side and tapering to a point from the 1 1/2" strips in Step 6. These triangles form the big flower petals. Snip 24 triangles measuring about 1/2" wide on the decorative side from the 1" strips in Step 6 to form the small flower petals.
7. Free-cut 4 dots measuring 3/4" across and 4 dots measuring 1/2" across from the flower center fabric.
8. Arrange 6 large flower petals with the point meeting in the center of the release paper. Place a 3/4" dot in the center to engage the petals. Fuse-tack into place. Repeat with the remaining flower parts to make a total of 4 large flowers and 4 small flowers (using the 1/2" flower center dots). After the fabric cools, remove the flowers from the paper.
9. Arrange the flowers on the stems. Fuse-tack into place.
10. Cut 10 leaves following the pattern transfer directions above in Steps 9-13 used for the vase. Or free-cut the leaf shapes.
11. Place the leaves on the stems and fuse-tack into place.

## Finishing with a Wrapped Binding (optional)

1. Stack the Timtex and batting on the cutting mat and trim each edge in a wavy motion. Cut curves in and out that measure about 1/4" to 1/2" deep with a rotary cutter.
2. Remove the release paper from the background fabric. Center the *non-scrim* side of the batting onto the back of the quilt top. (Please note that if the background fabric is applied to the *scrim* side of the batting and fused into place, the quilt may appear rippled.)
3. Flip the batting and quilt top over holding everything in place and place on release paper. Place a dry cloth on the quilt top and steam set the top to the batting for about 10 seconds in each spot. After it cools, remove it from the release paper.
4. Add hand embroidery stitches. Stitch just through the batting and top layer using the size 8 pearl cotton thread and an embroidery needle.
5. Place the quilt top right-side down on the ironing surface. Match the Timtex shape to the batting and put it in place. At a corner, fold the quilt top fabric onto the Timtex to form a right angle. Leave a little ease at the tip of the corner to get a sharp point. Fuse-tack the fabric just at the corner.
6. Repeat Step 5 at each corner of the quilt.
7. At a corner, fold one side of the quilt top fabric onto the Timtex. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
8. At that same corner, fold the other side of the quilt top fabric onto the Timtex making a sharp point at the corner. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
9. Repeat Steps 7 – 8 around the perimeter of the quilt.
10. Machine stitch the quilt now or after Step 15.
11. Cut 4 strips of fusible web measuring about 1" x 17".
12. Place the strips of fusible web, glue sides down, around the perimeter of the wrong side of the backing fabric. Fuse into place. After the fabric cools, remove the release paper.
13. Trim about 1/2" from the perimeter of the backing fabric using a decorative blade.
14. Center the backing fabric, glue side down, onto the back of the quilt. Fuse-tack into place.
15. Steam set the back of the quilt.
16. Machine stitch the quilt (if not stitched in Step 10).
17. Add a hanging loop to the back of the quilt.

### Finishing with a Traditional Binding (optional)

1. Remove the release paper from the background fabric. Center the *non-scrim* side of the batting onto the back of the quilt top. (Please note that if the background fabric is applied to the *scrim* side of the batting and fused into place, the quilt may appear rippled.)
2. Place a dry cloth on the quilt top and steam set the top to the batting for about 10 seconds in each spot.
3. Add hand embroidery stitches. Stitch just through the batting and top layer using the size 8 pearl cotton thread and an embroidery needle.
4. Add the backing fabric and machine quilt if desired.
5. Add a hanging sleeve to the top back edge of the quilt if desired.
6. Cut 4 binding strips measuring about 1 1/4" wide with a rotary cutter blade. Cut 2 strips the length of the quilt for the side bindings. Cut 2 strips the width of the quilt plus 2" for the top and bottom binding.
7. Place the quilt right side up on release paper and overlap the side binding about 1/2" on top of the side of the quilt. Fuse-tack into place.
8. After the fabric cools, remove the quilt from the paper and fold the binding onto the back of the quilt. Fuse-tack into place.
9. Repeat Steps 7 and 8 for the other side of the quilt.
10. Place the quilt right side up on the release paper and center the top binding strip across the top edge of the quilt. (There will be a 1" flap extending from each end of the quilt.) Overlap the binding about 1/2" onto the top edge. Fuse-tack into place.
11. After the fabric cools, remove the quilt from the release paper and cut off 1/2" triangles from the top outside corners of the 2 binding flaps.
12. With the wrong side of the quilt facing up, fold the 2 side flaps of the top binding strip in toward the quilt. Align the fold with the edge of the quilt. Fuse-tack into place.
13. Fold the corner of the binding down to the back edge of the quilt at a 45 angle as if wrapping a package.
14. Fold the rest of the binding down on the back of the quilt. Make sure the corners are crisp and square. Fuse-tack into place.
15. Repeat Steps 10 – 14 for the bottom binding.
16. Steam set the binding on both sides. Stitch the binding by machine or by hand.

*Thank you for joining me in making this art quilt!*

*Laura*

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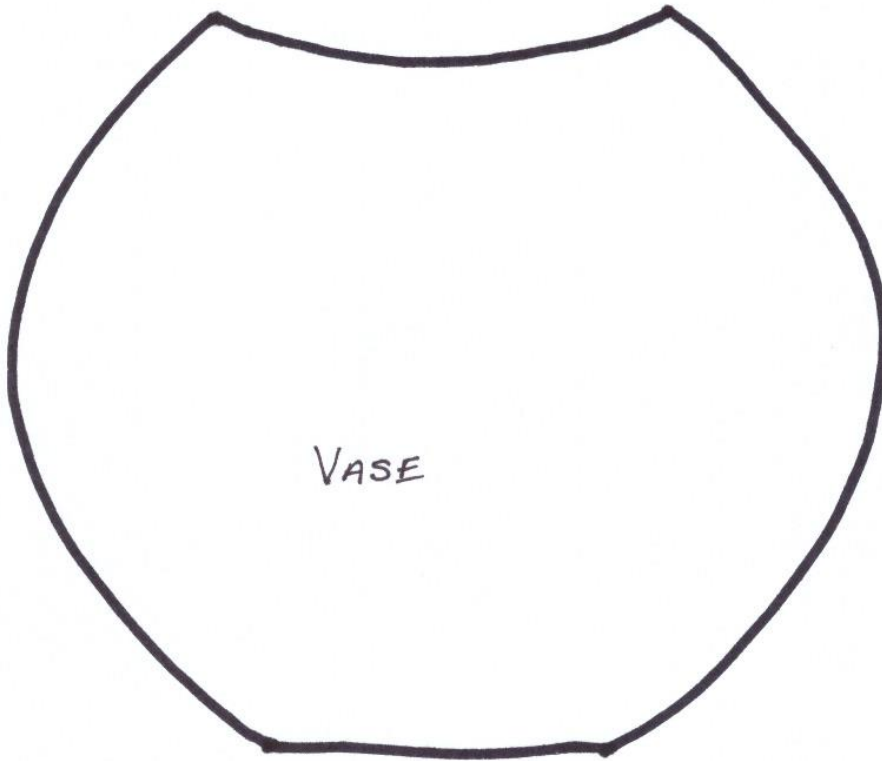
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LEAVES