

# *Princess Poppy*

A Fused Art Quilt  
(Complete pattern and instructions enclosed)



Finished Size 11" x 14"

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***Princess Poppy***  
**A Fused Art Quilt, Finished Size about 11" x 14"**  
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**Materials and Tools**

13" x 16" green batik for background	1 ½ yards of fusible web (Wonder Under #805 recommended)
2 ½ " x 5" blue to purple for stem	11" x 14" batting (wool batting is recommended)
6" x 6" red to purple for bud	11" x 14" Timtex or other brand stiff interfacing
2" x 5" green for bud ruffle	11" x 14" backing fabric
3" x 1 ½" blue for bud top	Black Sharpie Fine Point marker or lead pencil
1" x 1 ½" yellow for bud center	Rotary cutter, mat, and ruler
2" x 2" red for pistils	Decorative rotary cutter blade (optional)
1" x 6" purple for dots	Size 8 or 12 embroidery thread
6" x 10" green to blue for large leaves	Size 4 or 5 embroidery needle
2" x 5" red for small leaves	Machine quilting thread

**Preparation**

1. This quilt measures about 11" x 14" upon completion and is hand-stitched and machine quilted.
2. Assemble all the materials and tools listed.
3. Fuse all the fabrics following the manufacturer's directions.
4. After the fabric cools, remove all the paper except that on the background fabric.
5. Save this *Release Paper*. It is needed for the construction of this quilt.

**Directions**

1. Place the *release paper* on the stem pattern. Trace the pattern with the Sharpie marker or a lead pencil. (Please note that any writing or numbers written on the release paper will also transfer to the fabric.)
2. Place the marker side of the release paper onto the glue or fused side of the stem fabric. Iron or fuse the paper in place for 5 seconds with a hot iron.
3. After the fabric cools, remove the release paper from the fabric. The ink from the tracing will transfer to the glue.
4. Cut out the stem shape just inside the black line with scissors.
5. Repeat Steps 1 – 4 to make the bud, bud ruffle, bud top, bud center, 3 pistils, 5 large leaves, and 5 small leaves.
6. Free-cut 6 dots measuring about ½" across from the dot fabric.
7. Place the background fabric vertically on the ironing surface.
8. Place the pointy end of the stem about 2 ½ " in from the left side of the background fabric and 4" up from the bottom side of the background fabric. The stem will be at a 45 degree angle across the background fabric. Iron or fuse-tack into place.
9. Place the small curved side of the bud on top of the stem. Leave about a 1/8" gap of the background fabric showing between the 2 elements. Fuse-tack into place.
10. Place the bud top, bud center, 3 pistils, and 1 dot on top of the top center of the bud. Use the photo as a guide. Fuse-tack into place.
11. Place the bud ruffle around the lower edge of the bud top. Leave about a 1/8" gap of the background fabric showing between the 2 elements. Fuse-tack into place.
12. Place the remaining 5 dots on the bud ruffle. Fuse-tack into place.
13. Place large leaves 1 – 3 in order about 2 ½ " in from the left side of the background fabric. Leave a 1/8" to 1/4" gap of the background fabric showing between the stem and leaves. Fuse-tack into place.
14. Place leaves 4 and 5 horizontally on the other side of the stem. Leave a 1/8" to 1/4" gap of the background fabric showing between the stems and leaves. Fuse-tack into place.

15. Place the 5 small leaves on the 5 large leaves. Fuse-tack into place.

### Finishing with a Wrapped Binding

1. Remove the release paper from the background fabric. Center the *non-scrim* side of the batting onto the back of the quilt top. (Please note that if the background fabric is applied to the *scrim* side of the batting and fused into place, the quilt may appear rippled.) There should be about 1" of fabric hanging over the edge of the batting on each side.
2. Flip the batting and quilt top over holding everything in place and place it back onto the release paper.
3. Place a dry cloth on the quilt top and steam set the top to the batting for about 10 seconds in each spot.
4. After it cools, remove it from the release paper.
5. Add hand embroidery stitches with the size 8 or 12 pearl cotton thread and an embroidery needle.
6. Place the quilt top right-side down on the ironing surface. Match the Timtex shape to the batting and put in place.
7. At a corner, fold the quilt top fabric onto the Timtex to form a right angle. Leave a little ease at the tip of the corner to get a sharp point. Fuse-tack the fabric just at the corner.
8. Repeat Step 7 at each corner of the quilt.
9. At a corner, fold one side of the quilt top fabric onto the Timtex. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
10. At that same corner, fold the other side of the quilt top fabric onto the Timtex making a sharp point at the corner. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
11. Repeat Steps 9 – 10 around the perimeter of the quilt.
12. Trim about 1/2" from the perimeter of the backing fabric. Use a decorative blade in the rotary cutter if available.
13. Center the backing fabric, glue side down, onto the back of the quilt. Fuse-tack into place.
14. Steam set the back of the quilt.
15. Machine stitch the quilt.
16. Add a hanging loop to the back of the quilt.

*Thank you for joining me in making this art quilt!*

*Laura*

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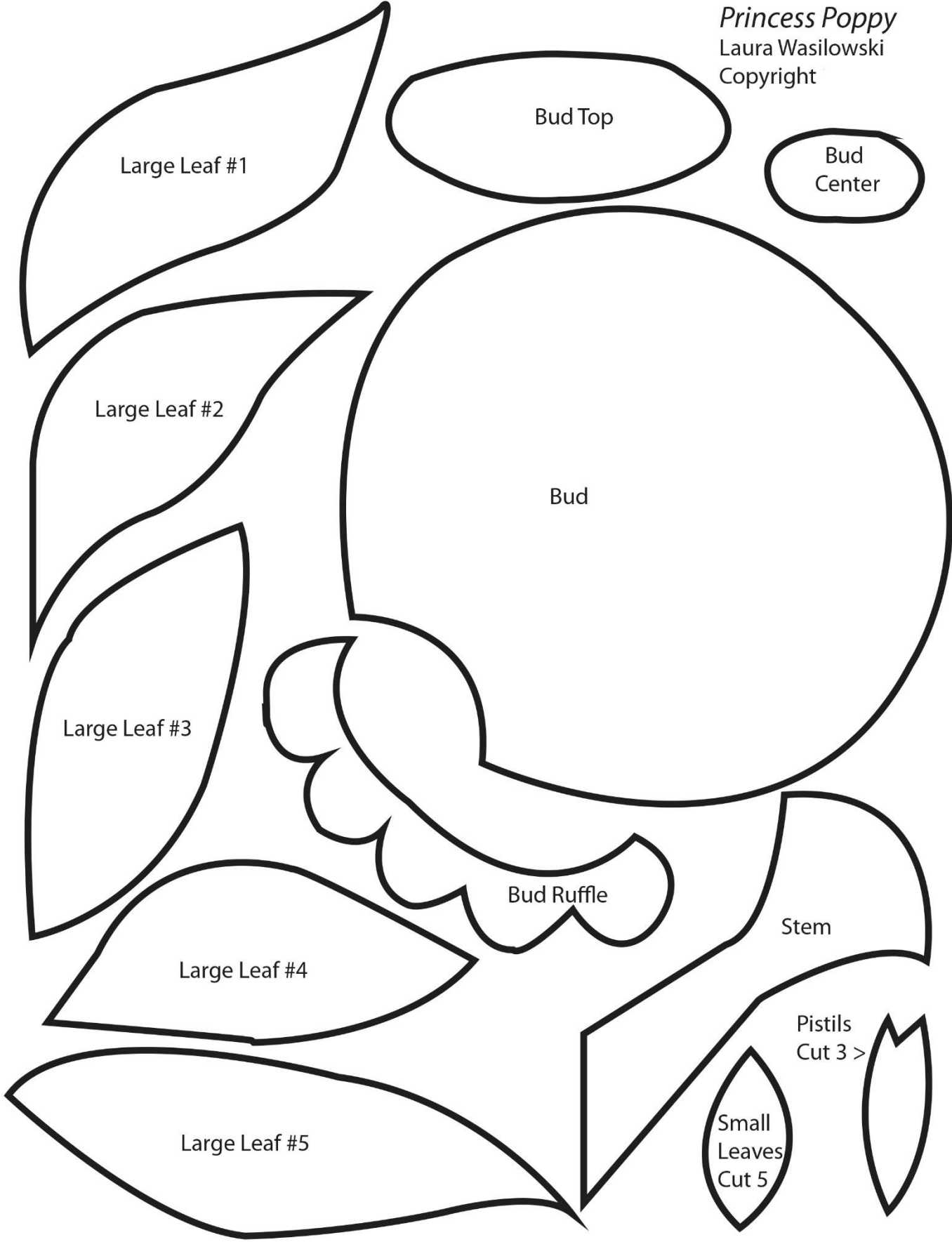
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Large Leaf #1

Bud Top

Bud Center

Large Leaf #2

Bud

Large Leaf #3

Bud Ruffle

Stem

Large Leaf #4

Pistils  
Cut 3 >

Large Leaf #5

Small  
Leaves  
Cut 5