

King Poppy

A Fused Art Quilt

(Complete pattern and instructions enclosed)



Finished Size 11" x 14"

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Materials and Tools

13" x 16" green batik for the background	11" x 14" batting
2 ½" x 5" red to purple for stem	11" x 14" stiff interfacing (for optional Wrapped Binding)
6" x 6" purple for bud sides	11" x 14" backing fabric
3" x 5" green to blue for bud center	1 yard of parchment (baking) paper
4" x 2 ½" red for bud top	Black Sharpie Fine Point marker or lead pencil
2" x 2" green for pistils	Rotary cutter, mat, and ruler
2" x 6" purple for bud dots	Decorative rotary cutter blade (optional)
2" x 6" red for bud top dots and leaf dots	Size 8 or 12 embroidery thread
8" x 8" green to blue to purple for leaves and leaf center	Size 4 or 5 embroidery needle
1 ½ yards of fusible web (Wonder Under #805 recommended)	Machine quilting thread

Preparation

1. This quilt measures about 11" x 14" upon completion and is hand embroidered and machine quilted.
2. Assemble all the materials and tools listed.
3. Fuse all the fabrics except the backing fabric, following the manufacturer's directions.
4. After the fabric cools, remove the release paper from all the fabrics.
5. Note: *Make sure you reserve 1" of fabric around the edge of your quilt top when designing the quilt if using the optional Wrapped Binding. This extra fabric wraps to the back of the quilt around the batting and stiff interfacing for the optional Wrapped Binding below.*

Directions

1. Place the *Release Paper* on the stem pattern. Trace the pattern with the Sharpie marker or a lead pencil. (Please note that any writing or numbers written on the release paper will also transfer to the fabric.)
2. Place the marker side of the release paper onto the glue or fused side of the stem fabric. Iron or fuse the paper in place for 5 seconds using a hot iron.
3. After the fabric cools, remove the release paper from the fabric. The ink from the tracing will transfer to the glue.
4. Cut out the stem shape just inside the black line with scissors.
5. Repeat Steps 1 – 4 to make the 2 bud sides, bud center, bud top, 3 pistils, 4 leaves, and leaf center.
6. Free-cut 11 dots measuring about ½" across from the bud dot fabric.
7. Free-cut 9 dots measuring about ½" across from the bud top dots and leaf dot fabric.
8. Fold the parchment paper in half and place the background fabric vertically inside the paper book.

9. Place the end of the stem about 3 " in from the right side of the background fabric and 4" up from the bottom side of the background fabric. The stem will be at an angle across the background fabric. Iron or fuse-tack into place.
10. Place the bud center on top of the stem. Leave about a 1/8" gap of the background fabric showing between the 2 elements. Fuse-tack into place.
11. Place the 2 bud sides in order on either side of the bud center. Position them so they touch the outside tips of the stem and meet at the top of the center of the bud center. Use the photo as a guide. Fuse-tack into place.
12. Place the bud top on the top of the bud. Leave about a 1/8" gap of the background fabric showing between the 2 elements. Add the 3 pistils to the bud top. Fuse-tack into place.
13. Place leaves 1 – 3 vertically and in order about 2 ½ " in from the right side of the background fabric. Leave a 1/8" to 1/2" gap of the background fabric showing between the stem and leaves. Fuse-tack into place.
14. Place the leaf center in the center of leaf #4. Fuse-tack into place.
15. Place the 11 bud dots on the open areas of the bud. Fuse-tack into place.
16. Place the 3 bud top dots on the 3 pistils and 6 leaf dots on the 4 leaves and leaf center. Fuse-tack into place.

Prepare the Quilt for Your Favorite Binding Method

1. If you are not using the optional Wrapped Binding method below, remove the quilt top from the parchment paper and center it onto the non-scrim side of the batting. (Please note that if the fabric is applied to the **scrim** side of the batting and fused into place, the quilt may appear rippled.)
2. Place a dry cloth on the quilt top, and steam set the top to the batting for about 10 seconds in each spot.
3. Add hand embroidery just through the quilt top and the batting.
4. Place the quilt on the backing fabric and add machine quilting through all the layers.
5. Trim the edges of the quilt square and use your favorite binding method to finish the quilt.

Finish with a Wrapped Binding (Optional)

6. Remove the release paper from the background fabric. Center the **non-scrim** side of the batting onto the back of the quilt top. (Please note that if the background fabric is applied to the **scrim** side of the batting and fused into place, the quilt may appear rippled.) There should be about 1" of fabric hanging over the edge of the batting on each side.
7. Flip the batting and quilt top over, holding everything in place, and place it back onto the release paper.
8. Place a dry cloth on the quilt top, and steam set the top to the batting for about 10 seconds in each spot.
9. After it cools, remove it from the release paper.
10. Add hand embroidery stitches just through the quilt top and batting.
11. Place the quilt top right-side down on the ironing surface. Match the Timtex shape to the batting and put in place.
12. At a corner, fold the quilt top fabric onto the Timtex to form a right angle. Leave a little ease at the tip of the corner to get a sharp point. Fuse-tack the fabric just at the corner.
13. Repeat Step 7 at each corner of the quilt.
14. At a corner, fold one side of the quilt top fabric onto the Timtex. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
15. At that same corner, fold the other side of the quilt top fabric onto the Timtex, making a sharp point at the corner. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
16. Repeat Steps 9 – 10 around the perimeter of the quilt.
17. Trim about 1/2" from the perimeter of the backing fabric. Use a decorative blade in the rotary cutter if available.

18. Add fusible web to the backing fabric. After the fabric cools, remove the paper
19. Center the backing fabric, glue side down, onto the back of the quilt. Fuse-tack into place.
20. Steam set the back of the quilt.
21. Machine stitch the quilt.
22. Add a hanging loop to the back of the quilt.

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