



"KAY'S BOUQUETS" SERIES

Plaid Sunflowers

A Fused Art Quilt

(Complete pattern and instructions enclosed)



©2009 Janis Kienkarski

Finished Size 11" x 15"



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Plaid Sunflowers
From Kay's Bouquets Series
A Fused Art Quilt, Finished Size 11" x 15"
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Materials and Tools

5" x 9" light yellow for top left-border	12" x 16" batting
5" x 9" light orange for bottom left-border	12" x 16" stiff interfacing (for optional Wrapped Binding)
9" x 12" light blue for wall	1 yard of parchment (baking) paper or silicone release paper
9" x 6" blue for tablecloth	Black Sharpie Fine Point marker or lead pencil
4" x 5" red/orange for vase	Rotary cutter, mat, and ruler
5" x 5" green for stems and leaves	Pinking rotary cutter blade
5" x 5" red/orange for flower center strips	Size 8 embroidery thread
2 1/2" x 7 1/2" green for flower centers	Size 3 embroidery needle
9" x 9" yellow to orange petals	Machine quilting thread
2" x 2" purple for vase stripes and dot	
11" x 15" backing fabric	
6" x 17" binding of your color choice	
2 yards of fusible web (Wonder Under recommended)	

Preparation

1. This quilt measures about 11" x 15" upon completion and is hand-stitched and machine quilted.
2. Assemble all the materials and tools listed.
3. Fuse all the fabrics following the manufacturer's directions.
4. After the fabric cools, remove the release paper from all the fabrics.
5. Note: *Make sure you reserve 1" of fabric around the edge of your quilt top when designing the quilt if using the optional Wrapped Binding. This extra fabric wraps to the back of the quilt around the batting and stiff interfacing for the optional Wrapped Binding below.*

Background and Vase

1. Place the top left-border fabric vertically onto the parchment paper. Fuse-tack into place.
2. Trim 1/4" off a short side of the bottom left-border fabric using the pinking rotary cutter blade.
3. Overlap the short decorative edge of the bottom left-border fabric 1/2" onto the lower edge of the top left-border fabric to form a long strip. Fuse-tack into place.
4. Trim 1/4" off the long left side of the wall fabric using the pinking blade.
5. Overlap the decorative edge of the wall fabric vertically 1/2" onto the right side of the border fabrics. Align the top edges of the border fabric and the wall fabric. Fuse-tack into place.
6. Trim 1/4" off a long edge and the left side of the tablecloth fabric with the pinking blade.
7. Overlap the long decorative edge of the tablecloth fabric 1/2" onto the bottom edge of the wall fabric and 1/2" onto the border fabric to form the rectangular background. Fuse-tack into place.
8. Place parchment paper on the vase pattern. Trace the pattern with the Sharpie marker or a lead pencil.
9. Place the marker side of the paper onto the glue side of the vase fabric. Iron or fuse the paper in place for 5 seconds.
10. After the fabric cools, remove the paper from the fabric. The ink from the pattern will transfer to the glue.
11. Cut out the vase shape just inside the black line with scissors.

12. Place the bottom of the vase about 4" up from the bottom edge of the tablecloth and 1/2" to the right of the left-border. Fuse-tack into place but **leave 1" free at the vase opening so the stems can be slipped under the rim.**

Stems and Flowers

1. Cut the stems and leaves fabric on the bias to form 2 triangles. (A bias cut fabric is cut at a 45-degree angle from the grain of the fabric or from corner to corner on a square piece of fabric to form 2 triangles.)
2. Cut 3 stem strips measuring 1/4" wide by 5" long from the long or bias side of one of the triangles.
3. Slip the end of the stems about 1/2" under the rim of the vase. Fuse-tack just at the base of the stems.
4. Fuse the stems one at a time by curving them with one hand while fusing with the other hand.
5. Cut the flower center strip fabric on the bias to form 2 triangles.
6. Cut 14 strips measuring 1/8" wide from the long side of each triangle for a total of 28 strips. Snip the strips into 2 1/2" lengths to make a total of 36 strips.
7. Cut the flower center fabric into 3 squares measuring 2 1/2" x 2 1/2".
8. Place the release paper on the flower center pattern. Trace the pattern with the marker or a lead pencil.
9. Place the marker side of the release paper onto the glue side of 1 of the flower center square. Fuse the paper in place for 5 seconds.
10. Place 6 strips horizontally across the flower center fabric, spacing them about 1/4" apart. Fuse-tack into place.
11. Place 6 strips vertically across the flower center fabric, spacing them about 1/4" apart. Fuse-tack into place.
12. After the fabric cools, remove the release paper from the fabric. The ink from the pattern will transfer to the glue.
13. Cut out the flower center shape just inside the black line with scissors.
14. Repeat Steps 8 – 13 to make a total of 3 flower centers.
15. Place the release paper on the flower petals pattern. Trace the pattern (9 petals) with the marker or lead pencil.
16. Place the marker side of the release paper onto the glue side of the petal fabric. Fuse the paper in place for 5 seconds.
17. After the fabric cools, remove the release paper from the fabric. The ink from the pattern will transfer to the glue.
18. Cut out the 9 petal shapes just inside the black line with scissors.
19. Repeat Steps 15 – 18 to make a total of 36 petals.
20. Space 12 petals about 1/2" under and around a flower center on release paper. Fuse-tack into place.
21. Repeat Step 20 to make a total of 3 flowers. After the fabric cools, remove the flowers from the release paper.
22. Place the 3 flowers on the ends of the 3 stems. Fuse-tack into place.
23. Repeat Steps 15 – 18 using the leaf pattern to make 3 leaves. Trim one edge of each leaf with the pinking blade.
24. Place the leaves on the stems. Fuse-tack into place.
25. Cut the vase stripes fabric on the bias. Cut 3 strips measuring 1/8" wide from the long side of one of the triangles.
26. Space the 3 strips across the top of the vase and down the neck. Snip to size. Fuse-tack into place.

27. Free cut a dot measuring 1/2" across from the vase dot fabric. Place the dot on the vase. Fuse-tack into place.

Bind the Quilt Using Your Favorite Binding Method

1. Remove the quilt from the paper and center onto the non-scrim side of the batting.
2. Steam set the quilt top to the batting.
3. Add hand embroidery just through the batting and top layer of the quilt.
4. Use your favorite binding method to finish the quilt, or try the Wrapped Binding method below.

Optional Wrapped Binding

1. Stack the Timtex and batting on the cutting mat and trim each edge in a wavy motion. Cut curves in and out that measure about 1/4" to 1/2" deep with a rotary cutter.
2. Remove the release paper from the quilt top. Center the batting on the back of the quilt top. Flip the batting and quilt top over holding everything in place and place on release paper.
3. Steam set the quilt top to the batting for about 10 seconds in each spot. After it cools, remove it from the release paper.
4. Add hand embroidery stitches with the size 8 pearl cotton thread and an embroidery needle.
5. Place the quilt top right-side down on the ironing surface. Match the Timtex shape to the batting and put in place.
6. At a corner, fold the quilt top fabric onto the Timtex to form a right angle. Leave a little ease at the tip of the corner to get a sharp point. Fuse-tack the fabric just at the corner.
7. Repeat Step 6 at each corner of the quilt.
8. At a corner, fold one side of the quilt top fabric onto the Timtex. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
9. At that same corner, fold the other side of the quilt top fabric onto the Timtex making a sharp point at the corner. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
10. Repeat Steps 8 – 9 around the perimeter of the quilt.
11. Cut 4 strips of fusible web measuring about 1" x 17".
12. Place the strips of fusible web, glue sides down, around the perimeter of the wrong side of the backing fabric. Fuse into place. After the fabric cools, remove the release paper.
13. Trim about 1/2" from the perimeter of the backing fabric using a decorative blade.
14. Center the backing fabric, glue side down, onto the back of the quilt. Fuse-tack into place.
15. Steam set the back of the quilt.
16. Machine stitch the quilt.
17. Add a hanging loop to the back of the quilt.

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laura@artfabrik.com

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