



"KAY'S BOUQUETS" SERIES

# Garden Flowers

A Fused Art Quilt

(Complete pattern and instructions enclosed)



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Finished Size 14" x 18"



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## Garden Flowers

*Kay's Bouquets Series*

A Fused Art Quilt, Finished Size 14" x 18"

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## Materials and Tools

- Background fabric 16" x 20" of medium blue
- Sky fabric 10" x 14" of yellow to pink
- Grass fabric 8" x 8" of green
- Stems and leaves fabric 8" x 8" of light green
- Daisy flower fabric 5" x 5" of blue
- Daisy flower and tulips large center dot fabric 6" x 6" of yellow
- Daisy flower small center dot fabric 1" x 1" of pink
- Little flowers and daisy flower petal dots fabric 6" x 6" of light blue
- Tulips fabric 3" x 9" of purple
- Tulip bases fabric 2" x 2" of bright green
- 2 yards fusible web (paper backed Wonder Under #805 recommended)
- 14" x 18" batting (Hobbs Heirloom Cotton 80/20 Batting recommended)
- 14" x 18" fast2fuse® or Timtex stiff interfacing (optional for wrapped binding)
- 14" x 18" backing fabric
- Black Sharpie Fine Point marker or lead pencil
- Rotary cutter, mat, and ruler
- Decorative rotary cutter blade (optional)
- Size 8 pearl cotton embroidery thread
- Embroidery needle for hand stitching
- Thread for machine quilting (optional)

## Preparation

- This quilt measures about 14" x 18" upon completion and is hand-stitched and machine quilted (optional). It is made with an optional wrapped binding. Extra fabric may be needed if using a traditional binding method.
- Assemble all the materials and tools listed.
- Fuse all the fabrics except the backing fabric.
- After the fabric cools, remove all the paper except that on the background fabric.
- Save this **Release Paper**. It is needed for the construction of this quilt. (Parchment paper can also be substituted for release paper.)

## Background and Leaves of Grass

1. Trim 1/4" from each edge of the sky fabric using a decorative blade in the rotary cutter.
2. Center the sky vertically about 3 1/2" from the top of the background fabric. Fuse-tack into place.
3. Cut the grass fabric on the bias to form 2 triangles. Cut 8 bias strips tapering from a sharp point to about 1/2" wide from the long bias side of each of the 2 triangles for a total of 16 strips. Use a decorative blade (optional).
4. Place the wide end of a grass leaf on the bottom edge of the sky and extend it into the background fabric 1/2" to 1". Fuse-tack into place. Slowly fuse and curve the grass leaf up into the sky.
5. Repeat Step 4 with the other grass leaves, adding them one at a time across the lower part of the sky.
6. Cut the stem fabric on the bias to form 2 triangles. Cut 4 bias strips measuring about 1/4" wide from the long bias side of one of the 2 triangles to create the stems. Reserve 3 stems for the tulip flowers below.
7. Place the tip of longest stem from Step 6 on the sky fabric about 3 1/2" from the top and 3 1/2" from the left side of the sky. Fuse-tack the tip into place and slowly fuse and curve the stem down to the bottom edge of the sky. Snip to size.
8. Repeat Steps 3 – 5 to make 8 additional bias-cut grass leaves from the remaining stem fabric.

## Flowers and Leaves

1. Place **Release Paper** on the daisy flower pattern. Trace the pattern with the Sharpie marker or a lead pencil and remove the release paper.
2. Place the marker side of the release paper onto the glue or fused side of the daisy flower fabric. Fuse the paper in place for 5 seconds. Let the fabric cool.
3. Carefully remove the release paper from the fabric. The ink will transfer to the glue. Cut out the shape just inside the black line with scissors.
4. Repeat Steps 1 – 3 to make the remaining daisy flower parts: 1 large yellow center dot, 1 small pink center dot, and 11 small light blue dots for the petals. Or free-cut the dots.
5. Fuse-tack the daisy flower on the **Release Paper**. Add the large center dot, small center dot, and petal dots from Step 4 and fuse-tack into place. After the fabric cools, remove the flower from the paper.

6. Repeat Steps 1 – 3 with the tulip pattern for a total of 3 tulips, 3 large yellow centers, and 3 flower bases.
7. Slip a yellow center under the points of a tulip and a tulip base just under the base of the tulip. Fuse-tack into place on the **Release Paper**.
8. Repeat Step 7 to make a total of 3 tulips. After the fabric cools, remove the flowers from the paper.
9. Repeat Steps 1 – 3 to make a total of 11 little flowers and 3 leaves. Or free-cut the shapes.
10. Arrange the daisy, tulips, little flowers, and leaves on the quilt top. Fuse-tack into place.
11. Place the tip of 1 remaining tulip stem on the base of the tulip. Fuse-tack the tip into place and slowly fuse and curve the stem down to the bottom edge of the sky. Snip to size.
12. Repeat Step 11 with the 2 remaining tulip stems.

### Finishing with a Wrapped Binding (optional)

1. Stack the fast2fuse® and batting on the cutting mat and trim each edge in a wavy motion. Cut curves in and out that measure about 1/4" to 1/2" deep with a rotary cutter.
2. Remove the release paper from the background fabric. Center the *non-scrim* side of the batting onto the back of the quilt top. (Please note that if the background fabric is applied to the *scrim* side of the batting and fused into place, the quilt may appear rippled.)
3. Flip the batting and quilt top over holding everything in place and place on release paper. Place a dry cloth on the quilt top and steam set the top to the batting for about 10 seconds in each spot. After it cools, remove it from the release paper.
4. Add hand embroidery stitches like straight, back, pistol, and French Knots to the flowers and leaves. Stitch just through the batting and top layer using the size 8 pearl cotton thread and an embroidery needle.
5. Place the quilt top right-side down on the ironing surface. Match the fast2fuse® shape to the batting and put in place. At a corner, fold the quilt top fabric onto the fast2fuse® to form a right angle. Leave a little ease at the tip of the corner to get a sharp point. Fuse-tack the fabric just at the corner.
6. Repeat Step 5 at each corner of the quilt.
7. At a corner, fold one side of the quilt top fabric onto the fast2fuse®. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the fast2fuse®. Stop about mid-way down the edge.
8. At that same corner, fold the other side of the quilt top fabric onto the fast2fuse® making a sharp point at the corner. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the fast2fuse®. Stop about mid-way down the edge.
9. Repeat Steps 7 – 8 around the perimeter of the quilt.
10. Machine stitch the quilt now or after Step 15.
11. Cut 4 strips of fusible web measuring about 1" x 17".
12. Place the strips of fusible web, glue sides down, around the perimeter of the wrong side of the backing fabric. Fuse into place. After the fabric cools, remove the release paper.
13. Trim about 1/2" from the perimeter of the backing fabric using a decorative blade.
14. Center the backing fabric, glue side down, onto the back of the quilt. Fuse-tack into place.
15. Steam set the back of the quilt.
16. Machine stitch the quilt (if not stitched in Step 10).
17. Add a hanging loop to the back of the quilt.

### Finishing with a Traditional Binding (optional)

1. Remove the release paper from the background fabric. Center the *non-scrim* side of the batting onto the back of the quilt top. (Please note that if the background fabric is applied to the *scrim* side of the batting and fused into place, the quilt may appear rippled.)
2. Place a dry cloth on the quilt top and steam set the top to the batting for about 10 seconds in each spot.
3. Add hand embroidery stitches like straight, back, pistol, and French Knots to the flowers and leaves. Stitch just through the batting and top layer using the size 8 pearl cotton thread and an embroidery needle.
4. Add the backing fabric and machine quilt if desired.
5. Add a hanging sleeve to the top back edge of the quilt if desired.
6. Cut 4 binding strips measuring about 1 1/4" wide with a rotary cutter blade. Cut 2 strips the length of the quilt for the side bindings. Cut 2 strips the width of the quilt plus 2" for the top and bottom binding.
7. Place the quilt right side up on release paper and overlap the side binding about 1/2" on top of the side of the quilt. Fuse-tack into place.
8. After the fabric cools, remove the quilt from the paper and fold the binding onto the back of the quilt. Fuse-tack into place.
9. Repeat Steps 5 and 6 for the other side of the quilt.

10. Place the quilt right side up on the release paper and center the top binding strip across the top edge of the quilt. (There will be a 1" flap extending from each end of the quilt.) Overlap the binding about 1/2" onto the top edge. Fuse-tack into place.
11. After the fabric cools, remove the quilt from the release paper and cut off 1/2" triangles from the top outside corners of the 2 binding flaps.
12. With the wrong side of the quilt facing up, fold the 2 side flaps of the top binding strip in toward the quilt. Align the fold with the edge of the quilt. Fuse-tack into place.
13. Fold the corner of the binding down to the back edge of the quilt at a 45 angle as if wrapping a package.
14. Fold the rest of the binding down on the back of the quilt. Make sure the corners are crisp and square. Fuse-tack into place.
15. Repeat Steps 8 – 12 for the bottom binding.
16. Steam set the binding on both sides. Stitch the binding by machine or by hand.

For more information about fusing, read Laura's books from C&T Publishing:  
**Fusing Fun! Fuse and Tell Journal Quilts**  
**Fanciful Stitches, Colorful Quilts**

For more information about hand embroidery, read Laura's books from C&T  
Publishing:  
**Joyful Stitching Playful Free-Form Embroidery**

For more about the fabrics and threads used in this pattern visit:



Artfabrik [www.artfabrik.com](http://www.artfabrik.com)

[laura@artfabrik.com](mailto:laura@artfabrik.com)

324 Vincent Place Elgin, IL 60123 847-494-9310

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*Kay's Bouquets Series*

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