



*Thistle*  
 From Kay's Bouquets Series  
 A Fused Art Quilt, Finished Size 8" x 14"  
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**Materials and Tools**

10" x 16" yellow/orange/pink gradation for background  
 8" x 8" each of 1 light green and 1 dark green for the woven flower bases and bud bases  
 4" x 9" purple for flowers and buds  
 9" x 9" green for the stems and leaves  
 8" x 14" backing fabric  
 2 yards of fusible web (Wonder Under #805 recommended)  
 9" x 15" batting

9" x 15" Tintex stiff interfacing (for optional binding method)  
 Black Sharpie Fine Point marker or lead pencil  
 Rotary cutter, mat, and ruler  
 Parchment or baking paper (optional)  
 Teflon pressing sheet (optional)  
 Size 5 pearl cotton embroidery thread  
 Size 3 embroidery needle  
 Machine quilting thread

## Preparation

1. Fuse all the fabrics. Follow the directions that come with the fusible web.
2. After the fabric cools, remove the release paper that comes with the fusible web and save it in 1 sheet. It will be needed for construction of quilt elements and for pattern transfer. (Parchment or baking paper may be used instead of release paper.)
3. Note: *Make sure you reserve 1" of fabric around each edge of your quilt top when designing your quilt if you are using the optional binding method. This fabric wraps to the back of the quilt around the batting and Timtex to form the optional Wrapped Binding below.*

## Woven Collage Flower Base

1. Cut the light green flower base fabric on the bias to form 2 triangles. (Note: a bias-cut fabric is cut at a 45 degree angle from the grain of the fabric or from corner to corner on a square piece of fabric to form 2 triangles.)
2. Cut 10 bias strips measuring about 1/4" wide from the bias sides (or long sides) of each triangle from Step 1 to make a total of 20 bias strips.
3. Repeat Steps 1 – 2 with the dark green flower base fabric.
4. Align the 20 light green strips horizontally and right next to each other on the release paper (or parchment paper or a Teflon pressing sheet). Fuse-tack 1/2" of the right side of each strip onto the paper leaving the remaining part of the strips loose.
5. Weave the 20 dark green strips vertically through the horizontal strips, fuse-tacking each vertical strip as it is woven. After the fabric cools, remove the woven collage from the paper.
6. Place the release paper parchment paper on the flower base pattern. Trace the pattern with the Sharpie marker or a lead pencil.
7. Place the marker side of the paper onto the glue or fused side of the woven collage from Step 5. Fuse the paper in place for 4 seconds.
8. After the fabric cools, carefully remove the paper from the fabric. The ink from the pattern will transfer to the glue on the woven collage.
9. Cut out the flower base shape just inside the black line with scissors.
10. Repeat Steps 6 – 9 to make a total of 3 flower bases and 2 bud bases.

## Flower Stems and Leaves

1. Place the release paper on the flower pattern. Trace the pattern with the Sharpie marker or a lead pencil.
2. Place the marker side of the release paper onto the glue or fused side of the flower fabric. Fuse the paper in place for 4 seconds.
3. After the fabric cools, carefully remove the release paper from the fabric. The ink from the pattern will transfer to the glue on the flower fabric.
4. Cut out the flower shape just inside the black line with scissors.
5. Snip small triangles measuring about 1/4" deep all around the flower edge to form the spikey edges.
6. Repeat Steps 1 – 5 to make a total of 3 flowers and 2 buds. Snip just the top half of the buds leaving the lower edge smooth.
7. Cut the stems and leaves fabric on the bias to form 2 triangles.
8. Cut stem strips measuring 1/8" wide from the long or bias side of each triangle. Cut a total of 5 stems. (Save the remaining fabric for the leaves in Step 14.)
9. Snip 1 stem strip to measure 10" long, 1 strip to measure 8" long, 2 strips to measure 6" long, and 1 strip to measure 4" long.
10. Place the background fabric onto a large piece of release paper or parchment paper or a Teflon pressing sheet. Fuse-tack into place.
11. Arrange the flower and bud bases on the background fabric using the photo as a guide. Remember to keep 1" of space free around the edges of the quilt for the Wrapped Binding.
12. Match up the stems with the flower bases according to height and slip the ends of the stems just under the bottom of it's base. Fuse-tack the bases and stems into place.
13. Place the flower tops on the flower and bud bases. Fuse-tack into place.
14. Repeat Steps 1 – 4 using the leaves patterns to make a total of 2 large leaves, 2 medium leaves, and 4 small leaves.
15. Place the leaves on the stems. Fuse-tack into place.
16. Refer to the *Wrapped Binding* instructions below or use your preferred binding method.

17. For your preferred binding method, remove the release paper from the background fabric. Center the batting on the back of the quilt top. Steam set the quilt top to the batting for about 10 seconds in each spot.
18. Add hand embroidery through just the batting and top of the quilt using the size 8 pearl cotton thread and an embroidery needle.
19. Add the quilt backing and machine quilt the quilt.
20. Trim the quilt square and add your preferred binding method.

### **Finishing with a Wrapped Binding**

1. Stack the Timtex and batting on the cutting mat and trim each edge in a wavy motion. Cut curves in and out that measure about 1/4" to 1/2" deep with a rotary cutter.
2. Remove the release paper from the background fabric. Center the batting on the back of the quilt top. Flip the batting and quilt top over holding everything in place and place on release paper. Steam set the quilt top to the batting for about 10 seconds in each spot. After it cools, remove it from the release paper.
3. Add hand stitching with the size 8 pearl cotton thread and an embroidery needle.
4. Place the quilt top right-side down on the ironing surface. Match the Timtex shape to the batting and put in place. At a corner, fold the quilt top fabric onto the Timtex to form a right angle. Leave a little ease at the tip of the corner to get a sharp point. Fuse-tack the fabric just at the corner.
5. Repeat Step 4 at each corner of the quilt.
6. At a corner, fold one side of the quilt top fabric onto the Timtex. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
7. At that same corner, fold the other side of the quilt top fabric onto the Timtex making a sharp point at the corner. Slowly pull, wrap, and fuse-tack the quilt top to the back following the edge of the Timtex. Stop about mid-way down the edge.
8. Repeat Steps 6 - 7 around the perimeter of the quilt.
9. Machine stitch the quilt now or after Step 14.
10. Cut 4 strips of fusible web measuring about 1" x 12".
11. Place the strips of fusible web, glue sides down, around the perimeter of the wrong side of the backing fabric. Fuse into place. After the fabric cools, remove the release paper.
12. Trim about 1/2" from the perimeter of the backing fabric using a decorative blade.
13. Center the backing fabric, glue side down, onto the back of the quilt. Fuse-tack into place.
14. Steam set the back of the quilt.
15. Machine stitch the quilt (if not stitched in Step 9).
16. Add a hanging loop to the back of the quilt.

For more information about fusing, read Laura's books from C&T Publishing:  
**Fusing Fun! Fuse and Tell Journal Quilts Fanciful Stitches, Colorful Quilts**

For more information about hand embroidery, read Laura's book from C&T Publishing:  
**Joyful Stitching: Transform Fabric with Improvisational Embroidery**

For more about the fabrics used in this pattern visit:



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A Fused Art Quilt, Finished Size 8" x 14"  
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