***Frieda’s Nut House***

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For step-by-step directions on how to stitch the *Frieda’s Nut House* embroidery, visit the *Frieda’s Nut House Stitch-Along* under the Tutorials Menu on www.artfabrik.com.

For more free-form embroidery ideas, see Laura Wasilowski’s book *Joyful Stitching: Transform Fabric with Improvisational Embroidery* (C&T Publishing, 2018)

**How to Transfer Patterns for the Sky and Ground Fabric Shapes**

1. Trace the patterns onto tracing paper using a black marker.

2. Pin the tracings onto the fabric color for that piece. Cut out the fabric shapes following the black line.

**How to Transfer the Nut House Pattern to the Sky for Stitching**

• Place tracing paper on the Nut House drawing and trace it with a black marker.

• Pin the tracing in place on the sky on the top edge of the ground after the ground is stitched into place.

• Select a sewing thread (40 or 50 weight) in a color contrasting to the sky fabric or use a contrasting embroidery thread. Use a sewing needle or size 5 embroidery needle.

• Follow the black marker lines on the tracing and stitch the outline of the shapes in the design using Running Stitches.

• After stitching the outline, remove the paper using the tip of a pin to score the paper next to the stitches. Gently rip away the paper.

• The Running Stitches define the edges of the design and will be removed after stitching the shapes with permanent stitches.