

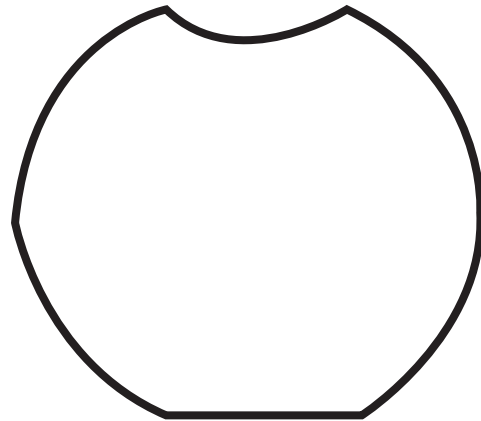
Vase of Flowers

A Free-Form Hand Embroidery Project

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For step-by-step directions on how to make the embroidery stitches used in this project, visit the Tutorials menu on www.artfabrik.com

For more free-form embroidery ideas, see Laura Wasilowski's book *Joyful Stitching: Transform Fabric with Improvisational Embroidery* (C&T Publishing, 2018)



- Place tracing paper on the vase pattern and trace it with a black marker.
- Pin the tracing in place onto the wool with straight pins.
- Select a size 8 or 5 pearl cotton thread in a color contrasting to the background fabric. Use a size 3 embroidery needle.
- Follow the black marker lines on the tracing and stitch the outline of the design on the wool using Running Stitches.
- After stitching the outline, remove the paper using the tip of a pin to score the paper next to the stitches. Gently rip away the paper.
- The Running Stitches define the edges of the design and will be removed after outlining the shapes with permanent stitches.